



FREE! Kick-Off Event

LOCATION:

Warnersville Recreation Center
601 Doak Street
Greensboro, NC 27406

SATURDAY
19
SEPT 2015

From 9:00 a.m. until 12:00 p.m.

Everyone is invited!

Prizes!

Event is free

for more information: **336-373-5871**

Activities: Exercise demonstrations, fitness assessments, blood pressure checks, Mobile Oasis Farmers Market, food preparation demonstrations, various health vendors with demonstrations

This kickoff is the beginning of a free fall program series offering fitness, food education, and transportation to an area grocery store on select Saturdays.

Sponsored by:

