

“What to Do in Case” Series

Greensboro Police Department

You are being bullied:

- Don't react to the bully. Walk away calmly and with confidence.
- If you receive text messages, chat room messages, voice mails, or posts on various social media websites, block the bully and don't respond.
- Talk to a trusted adult. If you are threatened or harassed, tell your School Resource Officer (SRO) or contact the police.
- Stay away from places where bullying happens. If you can't, stay with a group of friends or people you trust.
- Save any evidence such as text messages, notes, or social media posts. Give these to a trusted adult or SRO.

