

# “What to Do in Case” Series

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*Greensboro Police Department*

## You think your child is being bullied:

- Know the signs that your child may be at-risk for being bullied.
- Talk with your kids about bullying. Take their reports seriously and empathize with them.
- Teach your children how to handle bullying. Avoid the bullies, don't react to the bullies, tell the bully to stop, report the bullies, find good friends and stick together, protect yourself so you can get to a safe place. Do not advise your child to physically fight back.
- Do not confront the child who bullies, or his/her family. If your child is being bullied, work with the school staff and your school resource officer to resolve the problem. Document incidents, and save evidence such as text messages or social media posts.

