

Teen Dating Bill of Rights, Responsibilities and Pledge

I have the right:

- To always be treated with respect
- To ask for or refuse a date
- To be in a healthy relationship
- To honestly communicate my own feelings
- To not be hurt emotionally or physically
- To refuse sex or affection at anytime
- To have friends and activities apart from my boy/girlfriend
- To end a relationship for any reason

I have the responsibility:

- To determine my beliefs, values and limits
- To be considerate and respect myself and others
- To not be harassed, threatened or made to feel guilty about any decisions made in a relationship
- To ask for help when I need it and resolve conflicts in a peaceful and rational manner
- To set high goals for myself

I pledge to:

- Always treat my boy/girlfriend with respect and never hurt him/her physically, verbally or emotionally
- Check my actions and decisions along with the consequences
- Not be controlling or manipulative in my relationship



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If I Need Help, I Can Contact:

School Resource Officer Greensboro PD 336-373-2450 School Administration	Family Service of the Piedmont 24/7 Greensboro 336-273-7273 24/7 High Point 336-889-7273
Children's Home Society of NC Ted Sikes 336-333-6890 x237	Win-Win Resolutions Debra Vigliano 336-230-1232
Child Response Initiative To reach an advocate 336-373-4827	Violence Prevention Network for Guilford County—UNCG Christine Murray 336-334-3426
NCA&T Center for Behavioral Health and Wellness Kelly Graves 336-285-2605	National Domestic Violence Hotline 1-800-656-HOPE (4673)
National Teen Dating Abuse Hotline 1-866-331-9474 1-866-331-8453 (TTY) Loveisrespect.org (on line chat)	National Sexual Violence Hotline 1-800-629-7445 1-877-739-3895

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