

@GSOParksandRec



www.greensborotrails.org

Use #gsotrails to keep the conversation going.

FIND US ON THE WEB!

some areas.

map! Be aware that parking is limited in some areas. should include water, a cell phone, and this appropriately for the weather. Every trip to plan your trip accordingly by dressing during regular operating hours. Make sure available at the marinas and in the parks kayaking and canoeing. Restrooms are year-round fishing and boating, as well as the three lake marinas you can also enjoy walk out and back along the same path. At manner. Most are linear, so be prepared to The trails are maintained in a primitive

trail experience:

A few notes for an optimal

Lake Townsend.

home that provide miles of enjoyment close to everyone! Close to 50 miles of trails and greenways exist around the city's three lakes: Lake Higgins, Lake Brandt, and

GENERAL TRAIL INFORMATION

TRAILS GREENSBORO WATERSHED GUIDE

Piedmont Discovery

Find your next adventure.
Search hundreds of local parks, trails, and recreation opportunities in a free mobile app.

- **Pay attention to signs,** as some trails are restricted to pedestrians only.
- **Be courteous and respectful of other trail users,** regardless of their mode of transportation, speed, or skill level.
- **Keep right; pass on left.** Stay as close to the right-hand side of the trail as is safe, except when passing. Faster traffic is responsible for yielding to slower, oncoming traffic.
- **Pass with courtesy and care.** Make others aware you are approaching. Be prepared to stop if necessary. Check behind you before you change position on the trail.
- **Share the trail.** Mountain bikers, runners, and hikers must share multi-use trails. Yield to other bikers who are climbing. Bicyclists always yield to hikers and runners.
- **Do not block the trail.** When in a group (including pets), use no more than half the trail, so that others may pass.
- **Leave no trace.** Take anything you bring onto the trail back out with you.
- **Be quiet on nature trails.** To increase your chances of spotting animals, be quiet so as not to scare them away.
- **Stay on the trail for your own safety.** This will also help protect plants and animals that live near the trail and help keep you from getting lost.

TRAIL ETIQUETTE

- **No intoxicants on premises;** bikes on posted trails, horseback riding, motorized or off-road vehicles (ORVs), smoking, or camping.
- **All pets must be on a leash.** This is a city ordinance and extends to all Greensboro trails.
- **Wear a helmet.** All persons 15 years old and under must wear one, and everyone should wear a helmet for their safety.

TRAIL RULES

HIKING ONLY TRAILS

A **PIEDMONT TRAIL, 3 MILES**
Starting near Strawberry Rd. on the A&Y greenway, this trail travels by blackberries, strawberries, wildflowers, and fallen trees. And it's just a short walk over the bridge that crosses Lake Brandt to Bur-Mil Park. **Sponsor: Piedmont Hiking & Outing Club**

B **PALMETTO TRAIL, 1.7 MILES**
Parallel to the Nat Greene Trailhead on Old Battleground Rd., this trail traverses along the west bank of Lake Brandt's southern arm. Here you'll find interesting geological features and a diversity of flora and fauna year round. **Sponsor: Friends of Sauratown Mountains**

C **NAT GREENE TRAIL, 3.6 MILES**
Begins at Old Battleground Rd. and boasts a 200-foot boardwalk. Beautiful views of Lake Brandt can be seen throughout this hike. The trail intersects the A&Y Greenway and finishes at Lake Brandt Marina. **Sponsor: Piedmont Hiking & Outing Club**

D **LAUREL BLUFF TRAIL, 3.5 MILES**
Beginning on Church St., this trail has a wide variety of wildflowers, great views of the lake, plenty of signs of wildlife, and a beautiful mountain laurel grove along Reedy Fork Creek. Ending on Lake Brandt Rd., this trail is a crowd pleaser. **Sponsor: Audubon Society**

E **WEST HOUSE TRAIL, 0.8 MILES**
Beginning on the west side of Church St., across the street and just north of the southern end of the Crockett Trail, the West House Trail meanders along the shores of Lake Townsend and ends at a historic home site known as the West House.

F **CROCKETT TRAIL, 1.4 MILES**
Previously known as the Peninsula Trail, this path stretches from N. Church St. at the Laurel Bluff Trail and follows a winding peninsula along the back waters of Lake Townsend. Pleasant views of the lake and beautiful leaf colors can be seen in the fall. **Sponsor: Sierra Club**

G **OSPREY TRAIL, 2.7 MILES**
The Osprey Trail, beginning from Church St., follows the south shore of Lake Townsend. There are many signs of bird life along the trail, including the trail's namesake, the Osprey, a large bird-of-prey who has been known to make its home here. **Sponsor: Guilford MST Friends**

H **TOWNSEND TRAIL, 4 MILES**
From Yanceyville Rd., this trail continues along the shores of scenic Lake Townsend. Pack a lunch for this long hike. The Primitive trail ends at South Shore Rd. Shared parking is just north across the street in the soccer fields parking area. Restrooms are available in that parking area (weather permitting).

I **BILL CRAFT TRAIL, 3.6 MILES**
From Plainfield Rd., this Guilford County trail meanders north through the Richardson-Taylor Preserve to Simpson-Calhoun Rd. and features spectacular wetland vistas and wildlife overlooks. **Sponsor: Guilford MST Friends**

WANT TO SPONSOR A TRAIL?
greensboro-nc.gov/parksandrecvolunteer
336-373-7507

MOUNTAIN BIKING + HIKING TRAILS

These trails are available for the enjoyment of mountain bike enthusiasts and hikers. Cyclists are requested to use caution, yield to pedestrians, and avoid riding after rainfall. Certain trails may close due to wet conditions. Please call 336-373-2MTB for up-to-date information on trail closures.

3 **BALD EAGLE TRAIL, 4.6 MILES**
The Bald Eagle Trail begins near the entrance to Lake Higgins on Hamburg Mill Rd. A small parking lot is provided. The trail winds its way along Lake Higgins offering many opportunities to view unique waterfowl. A 13 mile loop on the western side of Lewiston Rd. is an added bonus. **Sponsor: Fat Tire Society**

4 **OWLS ROOST TRAIL, 4 MILES**
Voted the best urban ride in the country by Bicycling Magazine in 2003, this trail is accessible from both Bur-Mil Park and the A&Y Greenway. Try out the one-way MTB ONLY 1 mile section called the Shady Side Trail. The adjoining fire lanes provide 1.5 miles of additional trail. Plenty of dips, twists, and hops make the Owls Roost a regional favorite for mountain bikers. This is the most technical ride in our system. **Sponsor: Fat Tire Society**

5 **WILD TURKEY TRAIL, 4.2 MILES**
This trail runs parallel to the Nat Greene walking trail and can be accessed from the A&Y Greenway just before the south side of the bridge. **Sponsor: Fat Tire Society**

6 **COPPERHEAD TRAIL, 5 MILES**
The Copperhead Trail dips and twists through the wooded areas of Country Park with its berms and gullies that keep the mountain biking locals coming back for more. Trailhead parking can be accessed at the Lewis Rec Center parking lot. **Sponsor: Fat Tire Society**

7 **REEDY FORK TRAIL, 3.8 MILES**
Parallel to beautiful Reedy Fork Creek and the backwaters of Lake Townsend, this trail is a great pick for an easy ride or a scenic hike. **Sponsor: Fat Tire Society**

8 **BLUE HERON TRAIL, 3.5 MILES**
This trail meanders by the shore of the beautiful Lake Townsend and has plenty of variety as it leads you out of the woods for multiple power line crossings. There are two loops for 0.6 extra mileage. Enjoy the Blue Heron for its fun and easy flow for all riders and walkers. **Sponsor: Fat Tire Society**

9 **KING FISHER TRAIL, 2.4 MILES**
Our newest trail, the King Fisher Trail, begins across from the Blue Heron trailhead and flows along the shoreline of Lake Townsend. The loop adds 0.6 miles of trail to your ride. **Sponsor: Fat Tire Society**

GO MORE EXTREME!
Check out the Glenwood Skate Spot and Latham Skate Park (bikes allowed), Keeley Park's Pump Track and The Zone (bike jump course) at Country Park.

Become a Member
piedmontfattire.org

The Fat Tire Society is a non-profit dedicated to the promotion and education of mountain biking since 1995. They have helped develop and maintain over 35 miles of single track in the area. Please consider joining them by becoming a member! Visit www.piedmontfattire.org for more info.

GREENWAYS

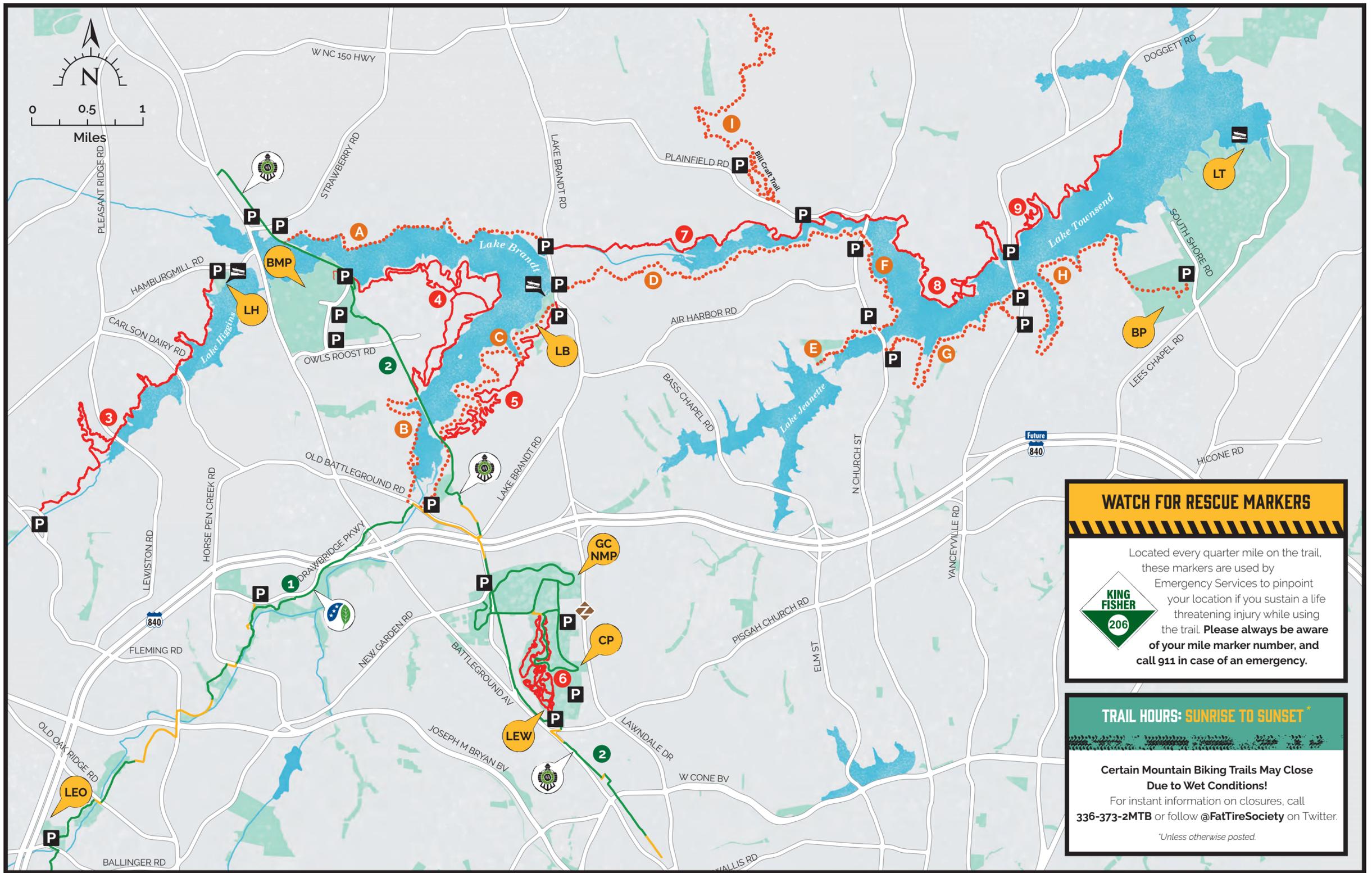
4 **ATLANTIC + YADKIN GREENWAY, 7.5 MILES**
This trail's name reflects the greenway's past as an active railway corridor in the early 1900s. The A&Y is paved, provides connections to most of our hiking and mountain biking trails, and has access points at Bur-Mil Park, the Military Park and Lewis Rec Center. The southern-most terminus is Markland Dr; the northern-most is US 220. Part of the A&Y is designated as MST.

8 **BICENTENNIAL GREENWAY, 9.3 MILES**
Ride or stride this greenway all the way to High Point! Parking is available at the Nat Greene trailhead on Old Battleground Rd, where it connects via sidewalk to the A&Y. From the trailhead, it meanders towards Battleground Ave. as it makes its way to High Point. Parts of the path are on sidewalk connectors and a few small sections use roads. Our map of this greenway stops at the city limits of Greensboro.

TRAIL NETWORKS

The trails with the purple state icon are part of a greater trail system called the North Carolina Mountains-to-Sea Trail, also known as the MST. The trail stretches almost 1,200 miles from Clingman's Dome in the Great Smokey Mountains to Jockey's Ridge on the Outer Banks. You can identify these trails by their unique white, circular trail markers. For more info, please visit www.ncmst.org.

Our watershed trails are part of the Piedmont Legacy Trail (PLT) system. PLT is focused on advancing the legacy of trails in the Piedmont Triad by promoting trails, connecting communities, and creating a collective voice for our region. For more info, please visit www.piedmonttrails.org



WATCH FOR RESCUE MARKERS

Located every quarter mile on the trail, these markers are used by Emergency Services to pinpoint your location if you sustain a life threatening injury while using the trail. **Please always be aware of your mile marker number, and call 911 in case of an emergency.**



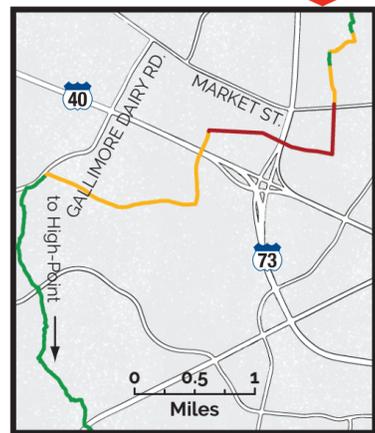
TRAIL HOURS: SUNRISE TO SUNSET*

Certain Mountain Biking Trails May Close Due to Wet Conditions!

For instant information on closures, call **336-373-2MTB** or follow **@FatTireSociety** on Twitter.

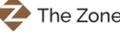
**Unless otherwise posted.*

Bicentennial Trail Continued (50% SCALE)



Future Route ●

Greenway: paved surface for pedestrians, bikes, skateboards, & strollers, etc (non-motorized)
Mountain Bike Trail: natural dirt surface for mountain bikes and sometimes pedestrians
Hiking Trail: natural dirt surface for pedestrians only
Sidewalk/Road: paved sidewalk or roadway. Use caution!

Solid lines = multiple use Dotted lines = hiking only 

P Parking  Marinas  Parks  Water  Major Roads

- | | |
|---------------------------------|----------------------|
| 1 Bicentennial Greenway | A Piedmont Trail |
| 2 A&Y Greenway | B Palmetto Trail |
| 3 Bald Eagle Trail | C Nat Greene Trail |
| 4 Owls Roost & Shady Side Trail | D Laurel Bluff Trail |
| 5 Wild Turkey Trail | E West House Trail |
| 6 Copperhead Trail | F Crockett Trail |
| 7 Reedy Fork Trail | G Osprey Trail |
| 8 Blue Heron Trail | H Townsend Trail |
| 9 King Fisher Trail | I Bill Craft Trail |



BMP **Bur-Mil Park**
 5834 Bur-Mil Club Road
 Greensboro NC 27410
Phone: 336-641-2020
Hours: Varies seasonally
Web: www.burmilpark.org

BP **Bryan Park**
 6275 Bryan Park Road
 Browns Summit NC 27214
Phone: 336-373-7968
Hours: Daily 8 am until Sunset
Web: www.GSOParksandRec.org

CP **Country Park**
 3905 Nathanael Greene Drive
 Greensboro NC 27455
Phone: 336-373-3648
Hours: Varies seasonally
Web: www.GSOParksandRec.org

 Facilities w/ Restrooms*

GC NMP **Guilford Courthouse National Military Park**
 2332 New Garden Road
 Greensboro NC 27410
Phone: 336-288-1776
Hours: Varies seasonally
Web: www.nps.gov/guco

LH **Lake Higgins**
 4235 Hamburg Mill Road
 Summerfield NC 27358
Phone: 336-373-3739
Hours: Varies seasonally
Web: www.GSOParksandRec.org

LB **Lake Brandt**
 5945 Lake Brandt Road
 Greensboro NC 27455
Phone: 336-373-3741
Hours: Varies seasonally
Web: www.GSOParksandRec.org

LT **Lake Townsend**
 6332 Townsend Road
 Browns Summit NC 27214
Phone: 336-373-3694
Hours: Varies seasonally
Web: www.GSOParksandRec.org

LEW **Lewis Recreation Center**
 3110 Forest Lawn Drive
 Greensboro NC 27455
Phone: 336-373-3330
Hours: Call center for hours
Web: www.GSOParksandRec.org

LEO **Leonard Recreation Center**
 6324 Ballinger Road
 Greensboro NC 27410
Phone: 336-297-4889
Hours: Call center for hours
Web: www.GSOParksandRec.org