

Appendix A

Safety Guidelines for Adopt-a-Stream and Drain Marker Programs

- Must be 10 years of age to participate, with proper supervision by an adult and parental/guardian signature.
- Stream cleanup/drain marker placements should only be done during daylight hours.
- Conduct a safety meeting for all participants prior to each volunteer activity.
- Wear light-colored clothing that covers arms and legs. Also wear rubber boots or waders, gloves, hat and safety glasses.
- Wear clothing that will not impair vision or movement during these cleanup activities.
- Work in small groups. **Do not work alone!**
- Stay clear of any construction.
- Do not work in inclement weather.
- During warm weather months, drink plenty of fluids, take breaks, and avoid overexertion.
- During cold weather months, dress warmly with layered clothing.
- Be alert for snakes, stinging insects, poisonous plants, etc.
- Carpool to the site to reduce the number of vehicles.
- Use proper bending and lifting techniques.
- Be aware of wet rocks, hills, and slopes. Watch your step!
- When installing drain markers on storm drains, be aware of oncoming traffic.
- Do not use or possess illegal drugs or alcohol while participating in volunteer activities.
- Do not pick up trash or walk on bridges, on overpasses or in tunnels or culverts.
- Do not pick up what appears to be hazardous materials - notify your volunteer coordinator if you encounter hazardous objects or holes, guy wires and other hidden obstacles in the ground.
- Do not attempt to squeeze bags to make room for more trash (injuries from broken or jagged objects can result from this practice).

In Case of Emergency:

- Have an adequate first-aid kit available.
- Prior to volunteer service, select an emergency room/hospital and know the route from the work area to the designated treatment facility.
- If possible, have at least one member bring a cell phone for emergencies.

Bag Pickup Procedure:

- Notify the Adopt-a-Stream Coordinator at **(336) 373-4762** with location of bags.
- Group the orange bags together, and where practical, place them at least 8 feet from the side of the road to make the job of collecting bags easier and safer.